101 Great Ways to Connect Manne



with you a variety of our favorite activities that bring people together. Whether it's learning a new life skill, reducing anxiety, creating structure, or just having a great time, this list will be sure to foster connection year-round.

just for fun • life skills • leisure time • reduce anxiety • create structure • learn something new

- 1. Try origami
- 2. Organize a treasure hunt
- 3. Make homemade bread
- 4. Teach how to change a tire
- 5. Have an indoor picnic
- 6. Learn how to knit or crochet
- 7. Set-up a tent and camp indoors
- 8. Go on a scenic drive
- 9. Film TikToks
- 10. Explore a subject (child's choice)
- 11. Write a letter and send it
- 12. FaceTime family members
- 13. Scrapbook
- 14. Document favorite vacation stories
- 15. Make your own play dough
- 16. Clean and organize a room
- 17. Play board games
- 18. Teach someone how to play chess
- 19. Play charades
- 20. Put together your own art show
- 21. Make homemade pizza
- 22. Practice mindfulness
- 23. Set up indoor hopscotch
- 24. Set up a gym or workout class
- 25. Practice yoga
- 26. Create a minimalist wardrobe
- 27. Make your own board game
- 28. Read a book together
- 29. Youtube Bill Nye the Science Guy
- 30. Make a blanket fort
- 31. Learn to play an instrument
- 32. Bird watch
- 33. Study the weather
- 34. Make your own soap
- 35. Do an at-home dance class
- 36. Take a nap
- 37. Take a virtual trip or tour
- 38. Make a vision board
- 39. Take online guizzes or type tests
- 40. Teach basic first aid skills
- 41. Test your geography knowledge
- 42. Have a movie marathon
- 43. Complete a puzzle
- 44. Start a blog
- 45. Write poetry
- 46. Learn a new language
- 47. Have a self-care day
- 48. Learn calligraphy
- 49. Attempt a self-portrait
- 50. Hold a coloring book art contest
- 51. Create something from Pinterest
- 52. Write a short story
- 53. Fix things around the house
- 54. Learn how to braid
- 55. Interview your grandparents

- 56. Make a menu for the week
- 57. Make a gratitude list
- 58. Create a budget
- 59. Rearrange all the furniture
- 60. Build things with legos
- 61. Prank someone
- 62. Stretch
- 63. Study the art of beatboxing
- 64. Do some breathing exercises
- 65. Learn to watercolor paint
- 66. Youtube How it's Made
- 67. Learn chords on a guitar
- 68. Make a domino trail
- 69. Stovetop smores
- 70. Make trail mix
- 71. Learn the proper way to set a table
- 72. Listen to podcasts
- 73. Do a Youtube challenge
- 74. Make a birdhouse
- 75. Reminisce with old pictures
- 76. Become a virtual volunteer
- 77. Learn a magic trick
- 78. Sing karaoke
- 79. Plan a talent show
- 80. Play video games
- 81. Try a new recipe
- 82. Learn how to edit pictures
- 83. Look up and play sock wrestling
- 84. Play Alexa games
- 85. Commune with nature
- 86. Have a tea party
- 87. Do something new to your hair
- 88. Make homemade lotion
- 89. Create a workout space
- 90. Make a schedule
- 91. Have a family meeting
- 92. Interview each family member
- 93. Design your dream home
- 94. Plan a detailed trip for the summer
- 95. Write a list of your favorite movies
- 96. Do body weight strength-training exercises
- 97. Browse photos in your phone and send a picture to a friend
- 98. Beautify your yard
- 99. Upload and create digital albums
- 100. Make your own facemask
- 101. Order an online kit to assemble

ANY ACTIVITIES THAT YOU THINK WERE MISSED?

- 1.
- 2.
- 3.
- 4.
- 5